



Navigating the Ages & Stages of Childhood

Information & Tools for Today's Parents & Teachers

As parents we must stay flexible and go with the changes our children experience as they grow. We hear a lot about their physical development at various ages, but it's often hard to know what to expect of their judgment skills and emotional abilities. In this series we will explore how children grow and change from early childhood to the teen years. Each presenter will address a different age group and you are welcome to come to one or all of the presentations. This series is designed for parents and teachers. Time will be included for sharing questions and discussing real-life issues. Course materials are provided for each class. Early childhood educators may receive a continuing education participation certificate. These workshops are made possible by contributions and support from Unit 5, District 87, Blooming Grove Academy, YWCA Child Care, HCC Child Development Lab & Learning Center, Olympia Schools, Katie's Kids Learning Center and Child Care Resource & Referral.



It's Just a Phase: Understanding & Surviving Children's Stages

ENRICHMN 1434

Children are constantly growing and changing! No sooner do we get used to one stage and boom, something shifts. In this session we will explore a timeline of the development stages of childhood and how to make a plan that can help us keep our sanity through the changes.

Dina Emser

11017 Sec. A Monday, 9/15, 6:30-8PM, HCC CCB Rm 1407

FREE (but preregistration is required)

When Can I Teach "Say You're Sorry!" Addressing the Social & Emotional Changes of Young Children

ENRICHMN 1435

We all know how important it is for our children to learn to get along with others. In this session, we will look at ways to create routines, environments and strategies to support very young children in their social emotional growth.

Maria Hadley

11018 Sec. A Thursday, 10/2, 6:30-8PM, HCC ICB Rm 1802

FREE (but preregistration is required)

Step Into the World of a Child: Looking at Children ages 5-10

ENRICHMN 1436

Parenting children between the ages of five and ten years old can be a new challenge. You have gotten through the infant, toddler and pre-school years. Now what? What chores and responsibilities is your child ready for at this age? What's appropriate for friendships? How will they adjust to elementary school? We will explore these questions and more when we gather to step into the world of a child ages 5-10.

Vicky Woolridge

11019 Sec. A Thursday, 10/16, 6:30-8PM, HCC CCB Rm 1407

FREE (but preregistration is required)

Understanding the Capabilities of Adolescents & Teenagers

ENRICHMN 1437

What you may not know is that it's not about you! We really can't help our adolescents and teens if we don't understand them. Come to this session to gain information and insights about common stressors, why kids seem so impulsive, and just how much they actually do comprehend.

Julia Madden Bozarth

11042 Sec. A Monday, 10/27, 6:30-8PM, HCC CCB Rm 1407

FREE (but preregistration is required)